FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APP	ROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		Reporting Person*								or Tradi		ymbol FGCI]			(Ch	5. Relationship of Reporting Person(s) to Issi (Check all applicable) X Director X 10% Ov						
(Last)	(Fi	First) (Middle)				Date o		st Trai	nsact	tion (Moi	nth/D	ay/Year)	-		r (give title	X	Other (below)	·				
(Street) FAIR HAVEN NJ 07704					_ 4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)										Y Form fi Form fi	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)																	Person					
1. Title of Security (Instr. 3) 2.1				2. Trans Date (Month	saction	ear)	2A. Deemed Execution Date, if any (Month/Day/Year		e,	3. Transaction Code (Instr. 8)		5)			(A) or . 3, 4 and	5. Amou Securitie Beneficia	s ally following d	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common	Stools			04/0	8/200	4		(D) Price (Instr. 3 and 4)							D							
Common				04/0	8/2004					,		3,612	4 ⁽⁴⁾ A		φυ.δι	+	376,272 35,261		ī	By Spouse		
		7	Гable II -									sed of onvert				Owned		<u> </u>				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transactior Code (Instr. 8)		n of E		Exp	oate Exer piration C onth/Day/	ate	of S Und Der		7. Title and Amou of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4		Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Dat Exe	e ercisable	Ex Da	piration te	Title	O N	mount r umber f Shares							
Non- Statutory Stock Option	\$1								12/	/11/2001	12	/11/2005	Comm Stock		10,000		10,00	0	D			
Warrants	\$0.3								07/	/31/1999	07.	/31/2009	Comm		00,000		200,00	00	D			
Warrants (Series A)	\$0.2								09/	/10/2002	09	/10/2012	Comm	on 3	00,000		300,00	00	D			
Warrants (Series A2)	\$0.2								06/	/12/2003	06	/12/2013	Comm		50,000		150,00	00	D			
8-1/2% Senior Convertible Preferred Stock	(1)									(2)		(3)	Comm		88,500		188,50)0	D			
8-1/2% Senior Convertible	(1)									(2)		(3)	Comm Stock		17,000		47,00	0	I	By Spouse		

Explanation of Responses:

- 1. The shares of the 8-1/2% Senior Convertible Preferred Stock are convertible into Common Stock on a one-for-one basis.
- 2. Immediately convertible.
- 3. Not applicable.
- 4. Stock grant of restricted Common Stock awarded to directors in lieu of cash compensation.

HERBERT M. GARDNER

04/13/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.